



West Sacramento Community Resource Quick Reference Guide

Who to call when you have a question regarding:

Housing

4th & Hope
(530) 661-1218

Empower Yolo
(530) 661-6336

Food

Yolo Food Bank
(530) 668-0690

Salvation Army -Yolo
(916) 678- 4010

YCCA
(916) 572-0569

Legal Help

Empower Yolo
(530) 661-6336

Legal Services of Nor Cal
(916) 447- 5798

Childcare Help

Children's Home Society
(530) 645-6265

Domestic Violence

W.E.A.V.E.
916-920-2952

Suicide

Prevention

Suicide Prevention
of Yolo County
(916) 372-6565

National Hotline:

1-800-273-TALK

Suspected

Child Abuse

Yolo hotline
(530) 669-2345

LGBTQ

Support

Sacramento LGBTQ
center
(916) 442-0185

Transportation

Via RideShare
(916) 318-5101

YoloBus
(916) 371-2877

Reproductive Health

Planned Parenthood
(530) 662 - 4646

Counseling

Mental Health Crisis &
Access line- Yolo
(888) 965 -6647

Yolo County ADMH
(530) 666 - 8630

Yolo County Behavioral
Health
(916) 375- 6350

Salud Clinic/
Communicare
(916) 403-2970

Tech Help

Computers 4 Kids
(916) 572-1152

**** Please note**, all organizations listed here often work collaboratively, and offer multiple additional services. When in contact, please inquire as to what other information they can share to help. Please also note- this is not an exhaustive list and there are many more community support services options available if needed.